

Beginner Program

Course Curriculum



The Mind Body Connection

Focus: Understand how the mind body connection effects how we think, feel and act, and how we can program our minds to achieve our goals.

- Understanding your Mind & Body
 - ✦ The Analytical Mind
 - ✦ The Central Nervous System
 - ✦ Mental Programs

Smart Money Concepts (SMC)

Focus: Learn the fundamental basics of SMC to gain an understanding of what truly moves the market and how to consistently profit with a step-by-step trading model.

- The Market Mechanism
- Market Structure
- How to Find Key Levels
 - ✦ Liquidity
 - ✦ Market Inefficiencies
- Introduction to Time & Price Theory
- Risk Management
- Theta 22 Model
- Back & Forward Testing

NeuroLinguistic Programming (NLP)

Focus: Align your mind and body with your goals to accelerate your success in the markets.

- Mental Model Assessment
- SMART Goals
- Mental Programming Training
 - ✦ Breathe work; and
 - ✦ Visualisation techniques

Watch me Trade: [Click here](#)